Club $\qquad$ Instructor $\qquad$
Start $\qquad$ Complete $\qquad$ \# Students started $\qquad$ \# Graduated $\qquad$

| LESSON CALLS |  |  | 345 | 5 | $6{ }^{6} 7$ | 78 | 9 | 1 1 | 11 <br> 1 | 1  <br> 2  <br> 2  |  |  | \| 1 | 1 | 1 | 11  <br> 9 2 <br> 0  | REMARKS |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| BASIC PROGRAM - PART 1 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 1. Circle Left / Right |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 2. Forward and Back |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 3. Dosado / Dosado to a Wave |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 4. Swing |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 5. Promenade |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| a. Couples (Full, 1/2, 3/4) |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| b. Single File Promenade |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| c. Wrong Way Promenade |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| d. Star Promenade |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 6. Allemande Left |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 7. Arm Turns |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 8. Right and Left Grand Family |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| a. Right and Left Grand |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| b. Weave the Ring |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| c. Wrong Way Grand |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 9. Left / Right Hand Star |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 10. Pass Thru |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 11. Half Sashay Family |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| a. Half Sashay |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| b. Rollaway |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| c. Ladies In, Men Sashay |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 12. Turn Back Family |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| a. U-Turn Back |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| b. Backtrack |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 13. Separate |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| a. Around 1 or 2 to a Line |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| b. Around 1 or 2 and Come Into the Middle |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 14. Split Two |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |


| LESSON CALLS | 1 | 2 | 3 | 4 | 5 | 6 | 8 | 9 | 1 0 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 2 0 | REMARKS |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 15. Courtesy Turn |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 16. Ladies Chain Family |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| a. Two Ladies Chain (Reg., 3/4) |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| b. Four Ladies Chain (Reg., 3/4) |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| c. Chain Down the Line |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 17. Do Paso |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 18. Lead Right / Lead Left |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 19. Veer Left / Veer Right |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| *16 c. Chain Down the Line |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 20. Bend the Line |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 21. Circulate Family |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| a. (Named Dancers) Circulate |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| b. Couples Circulate |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| c. All Eight Circulate |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| d. Single File Circulate |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| e. Split / Box Circulate |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 22. Right and Left Thru |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 23. Grand Square |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 24. Star Thru |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 25. Double Pass Thru |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 26. First Couple Go Left / Right Next Couple Go Left / Right |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 27. California Twirl |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 28. Walk Around the Corner |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 29. See Saw |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 30. Square Thru |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 31. Circle to a Line |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 32. Dive Thru |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |


| LESSON CALLS | 1 | 2 | 3 | 4 | 5 |  | 7 | 8 | 9 | \| 1 | 1 | \|l| | \|l| |  | 1 1 <br> 4 5 |  | \| 1 |  | 1 1 <br> 8 9 | 1 <br> 9 | 2 0 | REMARKS |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| BASIC PROGRAM - PART 2 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 33. Wheel Around / Reverse Wheel Around |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 34. Box the Gnat |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| *8 c. Wrong Way Grand |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 35. Trade Family |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| a. (Named Dancers) Trade |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| b. Couples Trade |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| c. Partner Trade |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 36. Ocean Wave Family |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| a. Step to a Wave |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| b. Balance |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| *21 c. All Eight Circulate |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 37. Alamo Ring Formation |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 38. Swing Thru / Left Swing Thru |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 39. Run / Cross Run |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 40. Pass the Ocean |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 41. Extend |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 42. Wheel and Deal |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 43. Zoom |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 44. Flutterwheel / Reverse Flutterwheel |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 45. Sweep a Quarter |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 46. Trade By |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 47. Touch 1/4 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| *21 d. Single File Circulate |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| *21 e. Split / Box Circulate |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 48. Ferris Wheel |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

## SUGGESTIONS FOR USE OF CHECK OFF LIST:

Put an X in the box corresponding to the movement and the night it was introduced.
Put an X in the box corresponding to the movement and the night it was next called and work shopped. Put a / in the boxes when the movement is danced without difficulty and thereafter to keep track of calling the movement

NOTE: Calls in italic may be deferred until later in the teaching order.
*Suggested Teaching Order
CALLERLAB recommends that the BASIC \& MAINSTREAM Programs, calls 1-68, be taught in not less than 58 hours. We are currently working on a recommended teach time for just the BASIC program. CALLERLAB also recommends that calls be taught from more than a single position (formation and arrangement) and that styling and timing be included as part of the teaching program. Calls in italics may be deferred until later in the teaching sequence.

