

Demos at care centers



Square dancing @ Minnesota State Fair



Friendship Set to Music

DANCING DEFINED



"Blast" weekends

SOUARE DANCING

In modern American square dancing, four couples form squares and dance as a group.

ROUND DANCING

A round dance is a ballroom-type dance characterized by revolving movement where all couples dance the same steps in time with the music.

SQUARE DANCE ABC

An introductory dance that spells an easy way for you to try square dancing with no commitment but lots of fun



Mid-Winter Magic



State conventions

BENEFITS FOR YOU

- lots of laughter
- · a lifetime of fun
- challenges your memory
- meet people 8-98
- · a healthy pastime
- · casual or traditional attire
- great family activity
- · all fun and fitness
- inexpensive yet awesome chemical-free fun

- walking to music
- great American pastime
- good for mind & body
- · easy to learn
- · called in English around the world
- · offers fun, fellowship, & friendship



National conventions

squaredancemn.com





Mystery bus trips



Fun for all ages: 8-98!

